



Carnation Ambulatory Monitor™

BardyDx®

Patient Instructions



Lifestyle
Enabled



Compact &
Lightweight



Wire-Free &
Easy-to-Use



Water
Resistant

www.bardydex.com

To ensure a quality ECG report for your provider, please review and follow these instructions carefully:

DO NOT:

- Shower or engage in heavy activity that results in sweating for at least **24-48** hours after application.
- Allow water to hit the CAM patch directly while showering.
- Immerse in water (bathtub, jacuzzi or swimming pool) during CAM patch wear.
- Wear patch during an MRI.

USE CAUTION WHEN:

- Fastening seat belts, sleeping on your stomach, or receiving body massages to avoid dislodging the CAM patch.

AVOID:

- Heavy sweating as this can cause the CAM patch to loosen.
- Saunas, steam rooms, hot yoga and extremely humid environments.
- Using lotions/skin oils in the area surrounding the CAM Patch.
- Wearing objects around your neck that will touch the CAM Patch.
- Wearing underwire bras (Sports bras and tank tops are recommended during wear).
- Pushing the button on the CAM Patch repetitively or forcefully. If you feel symptoms, gently push the button once at that time.

HELPFUL HINTS

- It is safe to travel through security scanners. Please notify TSA in advance by showing them your Patient Diary.
- If the CAM patch loosens or detaches, press and rub the adhesive back in place. First-aid tape or Band-Aids may be placed over the top and bottom of the patch to help with securement.

Removing the CAM Patch

- Remove by pulling the tab at the top of the CAM patch and peeling downward.
- If needed, the Adhesive Remover Wipe Pad provided in the CAM mailer box may be used to aid in removal.



1. Wipe border of CAM patch with adhesive remover wipe



2. Slowly peel downward while applying adhesive remover along the edge of skin and underside of the CAM patch.

Returning the CAM Patch

- Affix the CAM patch on top of the outline on the outside of the white pouch provided in the box. Do not un-snap the recorder. Place the CAM patch and diary inside the box.
- Return the monitor as instructed by your provider's office.

Questions about the CAM Patch?

Contact your provider or BDx Customer Service: +1-844-422-7393



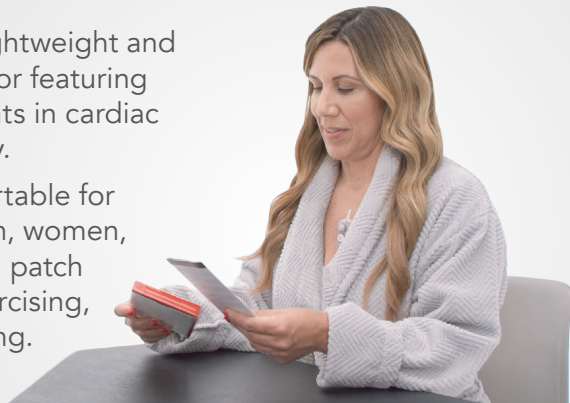
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About the CAM Patch

The CAM patch is a lightweight and discreet cardiac monitor featuring the latest advancements in cardiac monitoring technology.

Intended to be comfortable for extended wear by men, women, and children, the CAM patch can be worn while exercising, showering, and sleeping.



CAM Patch Removal Date:

Return Instructions:

- Return by Mail
- Return to Clinic

Notes:

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We're close to your heart™