Carnation Ambulatory Monitor (CAM™)

14-DAY Extended Wear Patch

Application Best Practices

1. After placement, PRESS along the entire edge of the CAM patch (refer to area indicated in red) as firmly as possible for 2 minutes, working your way down from the top of the patch.

2. Then, firmly RUB along the entire edge of the CAM patch for at least 1 minute.

3. Place two fingers under the silver button and firmly press the Recorder against the chest for 15 seconds.

Important Tips for Optimal Monitoring

SKIN PREP
Proper skin prep required to achieve full length of prescribed monitoring duration. Use all 3 prep pads provided and allow skin to completely dry for 2 minutes. Following prep pad scrubbing, a dry gauze may be used to wick up any remaining moisture.

CONNECTING CAM PATCH
Connect Recorder to CAM patch on a hard, flat surface (such as a tabletop) and NOT directly on the chest.

LOOK FOR LIGHT
Right after connecting Recorder into CAM patch, look for a green light that will blink for 10 seconds.

AVOID MOISTURE
Refrain from showering or engaging in activity that results in excessive perspiration for at least 24-48 hours after application.

Please refer to the Quick Reference Instructions for additional application details.