**Patient Diary**

**PATIENT NAME:**

**PHYSICIAN NAME:**

**HOSPITAL/CLINIC:**

**DEVICE APPLIED (Required):**

**Prescribed Wear Time:** Days

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**Date/Time:**

**Symptom:**

**Other:**

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<th>Date/Time</th>
<th>Symptom</th>
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**CLINICAL STAFF USE ONLY:**

Register the patient information into BDxCONNECT!

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Follow your physician’s instructions carefully. The Patient Diary is an important part of this procedure. Use this diary to document any symptoms you experience.

Questions? Contact your physician or consult bardydxc.com.

**Traveling through airports:** Inform screening personnel that you are wearing the Carnation Ambulatory Monitor before going through scanner. Bring this Patient Diary to show security personnel.

**Security Screening Statement:** This person is wearing a Carnation Ambulatory Monitor (records ECG). It was applied under the direction of a physician. The device is currently adhered to the patient’s chest to monitor the heart.

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**Symptoms include:**

1) Palpitations
2) Dizziness / Lightheadedness
3) Fainted
4) Chest Discomfort / Pain
5) Shortness of Breath
6) Exercise-Related
7) Other

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2. If you feel symptoms that may be related to your heart, gently push the button and record date/time in this diary. Do not push button repetitively or forcefully.

**CAUTION:** If your CAM becomes dislodged, contact your physician for assistance.

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INSTRUCTIONS FOR WEARING THE CARNATION AMBULATORY MONITOR

1. Following your normal daily activities, wear the CAM for the amount of time prescribed by your physician.

2. If you feel symptoms related to your heart, gently push the button and record date/time in this diary. Do not forcefully.

3. Wear the CAM at all times, including showering.

   CAUTION: Avoid showering, bathing, or exercise for 24 hours following application, and thereafter avoid activities or environments that result in excessive perspiration, as this may result in a decreased period of monitoring.

   CAUTION: Strenuous exercise and activities, such as hot yoga or sauna, should be avoided.

   CAUTION: It is normal for the CAM adhesive material to swell in humid environments or when exposed to moisture. Allow the adhesive to dry following activities such as shower or exercise. If desired, gently pat with a dry towel, but do not attempt to reposition the CAM.

   CAUTION: Skin irritation.

   CAUTION: Submersion (such as during swimming or bathing) is not advised.

   CAUTION: Strenuous exercise and activities, such as hot yoga or sauna that may result in excessive sweating, should be avoided.

   CAUTION: If your CAM becomes loose or detached, CAM back in place if it becomes loose or detached. CAUTION: Poor contact of the CAM with the skin can negatively affect monitoring performance. Secure the CAM back in place if it becomes loose or detached.

3. Removing the CAM:

   When the test is complete, remove by pulling the tab at the top of the device and peeling downward. Affix device on top of the outline of the monitor on the exterior of the Battrode pouch.

4. Underlying Heart Disease (Select all that apply):

   - Non-Ischemic CHF
   - CAD
   - Known AF
   - None Known
   - Congenital Heart Disease
   - Artrial Fibrillation (AF)
   - Artrial Flutter (AFL)
   - Dizziness / Lightheadedness
   - Shortness of Breath
   - Chest Pain
   - Bradycardia
   - Exercise-Related Symptoms
   - Syncope
   - Palpitations
   - Stroke / TIA
   - Underlying Heart Disease
   - Other:

5. Wipe off any remaining adhesive on the skin with the Adhesive Remover Wipe Pad provided.

6. Returning the CAM:

   Place the Carnation Ambulatory Monitor and this Patient Diary inside the box.

7. Seal the mailer with the Mailer Sticker and return patient diary to the address preprinted on the Mailer Sticker (Step 7)

   Wipe off any remaining adhesive on the skin with the Adhesive Remover Wipe Pad provided.

   Place the Carnation Ambulatory Monitor in the box with this Patient Diary inside the box.

   For Patient Frequently Asked Questions please visit www.bardydx.com

RECORD SYMPTOMS

Symptoms include:

1) Palpitations
2) Dizziness / Lightheadedness
3) Fainting
4) Chest Discomfort / Pain
5) Shortness of Breath
6) Exercise-Related Symptoms
7) Other:

Date/Time: Symptom: Other: Date/Time: Symptom: Other: Date/Time: Symptom: Other: Date/Time: Symptom: Other: Date/Time: Symptom: Other: Date/Time: Symptom: Other: Date/Time: Symptom: Other: Date/Time: Symptom: Other:

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