

Carnation Ambulatory Monitor (CAM<sup>™</sup>)

# Patient Instructions



Lifestyle  
Enabled



Compact &  
Discreet



Wire-Free &  
Easy-to-Use



Water  
Resistant

The CAM patch is a lightweight and discreet cardiac monitor featuring the latest advancements in cardiac monitoring technology.

Intended to be comfortable for extended wear by men, women, and children, the CAM patch can be worn while exercising, showering, and sleeping.

***We're close to your heart<sup>™</sup>***





# PATIENT INSTRUCTIONS

- To ensure a quality ECG report, refrain from showering or engaging in heavy activity for at least two hours after application.
- Do not immerse in a bathtub, jacuzzi, swimming pool or where the CAM patch is completely under water at any time.
- Try to minimize heavy sweating as this can cause the CAM patch to come loose and limit recording time.
- When showering, do not stand with the water stream directly on the CAM patch.
- Avoid saunas, steam rooms, and extremely humid environments.
- If the CAM patch loosens or detaches from the skin, press and rub the adhesive portions of the CAM patch back in place. First-aid tape and band-aids may be placed over the top and bottom of the Battrode to better hold the CAM patch in place.
- If you feel symptoms, gently push the button on the CAM patch. Do not press the button repeatedly or forcefully.
- Avoid wearing necklaces or underwire bras, as they can interfere with proper functioning of the CAM patch. Sports bras and tank tops are recommended during wear for women.
- Use caution when fastening seat belts to avoid rubbing or dislodging the CAM patch.
- When traveling through airports, inform screening personnel that you are wearing the CAM patch before going through the scanner. Bring the Patient Diary with you to show security personnel.

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## Removing the CAM Patch

When the test is complete, remove by pulling the tab at the top of the CAM patch and peeling downward.

Affix the CAM patch on top of the outline on the exterior of the Battrode pouch. Place the CAM patch and diary inside the box.

Return the monitor as instructed by your physician's office.

FOR ANY QUESTIONS REGARDING YOUR CAM PATCH  
PLEASE CONTACT YOUR PHYSICIAN OR

**BDx Customer Service: +1-844-422-7393**

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